



GOVT. DENTAL COLLEGE, KOZHIKODE

Calicut Medical College PO, Kerala, India – 673 008.

Tel: 0495-2356781 Email: govtdcc@gmail.com Website: www.gdckozhikode.in

STUDENT SUPPORT AND GUIDANCE PROGRAM (SSGP)

In addition to teaching health sciences to the students, health universities are expected to address the challenging task of combining technical competence and social skills. This vision guided the university to come up with a holistic student support and guidance program (SSGP) which enables the student to address their academic issues, psychosocial issues and physical, reproductive health issues.

High competition in securing admission to graduate courses in health sciences and expenses for medical education exert significant level of stress on students and their families. This high level of stress might interfere with the quality of services they provide as well as their own confidence as health professionals.

Drop out of students without completing the course and the high emotional morbidity among students highlight the need for an intervention. SSGP has been developed by pooling the knowledge of academic professionals and the student community. This empowers the teachers in an early identification of support requirements of new entrant graduates.

A module for equipping the selected nodal faculties from each college, preferably those handling the first-year course subjects, (one male and one female member of faculty) has been devised by KUHS. This training module helps the nodal faculty to impart sensitization on SSGP program to the faculty and students of the representative institutions.

SSGP intends to focus on the following:

- Academic and learning related issues
- Psycho-social issues
- Physical and reproductive health issues



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NODAL OFFICERS –

Dr.Sujatha Varma. (Dept of Oral Pathology) and Dr. Joy PT (Dept. of Prosthodontics) were nominated by the Principal. Both of them underwent training for nodal officers in the SSGP workshops conducted on **16th and 17th November 2016** at KUHS, Thrissur. The second module was attended by them on **14/12/2017** at Govt. College of Nursing, Kozhikode.

29/06/2017

A review meeting of the activities of SSGP of affiliated institutions in Kozhikode was conducted at Govt. Medical College, Kozhikode. The Vice chancellor, Dean-student affairs, and faculty from the university were present in the meeting who evaluated the presentations of nodal officers from all institutions. Necessary modifications and improvements were suggested.

26/07/2017

As per the direction from Registrar, KUHS, a programme advisory committee was formed, with Dr.Gilisa K Vasunni (Principal) as the Chairman. Faculty members included were, Dr. Sudha. S, Dr. Sobha Sundareswaran and Dr. Mehul R Mahesh. Members of PTA were also included.

21/3/2018

A college council was formed as Dr. Pramod Kumar as the secretary and Principal Dr.Gilisa K Vasunni as the Chairman.

13/4/2018

A study skill inventory devised by the university was put on the KUHS website which contained the questionnaire for evaluation of study skills for first year BDS students(2017 admission). The students from our institution completed the online questionnaire at the LRC, GMC Kozhikode as there were no sufficient computers with net connections to be used for 50 students at the same time. The reports of study skill inventory was made available to the nodal officer Dr.Sujatha Varma, which was informed to the Principal.



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12/10/2018

A talk on “**Mental Health & youth** “ by Dr. Varsha Vidyadharan, Asst.Professor of Psychiatry GMC Kozhikode was conducted at Dr.N.S. Rajeevan Hall in which students from all batches participated.

20/06/2019

A study skill inventory devised by the university was put on the KUHS website which contained the questionnaire for evaluation of study skills for first year BDS students (2018 admission).

23/09/2019

A talk on” **Positive psychology** “by Ms. Sangeetha Ramamoorthy, was conducted in connection with the orientation program for first year BDS students.

17/10/2019

In connection with 150th birth anniversary of Mahatma Gandhi, a skill development workshop was conducted with Ms.Sandhya Manohar as facilitator. The program was named as “**Moving Mindsets**”. Students were encouraged to make some object of utility out of any used article/waste which could be turned out in to some useful thing (Best out of Waste). This was followed by an interactive session on effective resource management skills and problem-solving skills. First, second and third year BDS students who participated, displayed their creative works, which they made from paper cups, gift wrappers and plastic covers.

Unfortunately, due to the Covid 19 pandemic outbreak and the restrictions imposed by the government, the SSGP could not conduct any activities in 2020 and 2021.

PRINCIPAL